



Dear Coach,

I hope this visiting team guide finds you well as you are preparing for the 2009 men's soccer season. Saint Mary's College is pleased to welcome you for your match against the Gaels this year.

The contest will take place at Saint Mary's Stadium which is located in the back left corner of the College. Enclosed is a packet that will assist you with your team's travel preparations. Please have the appropriate staff member complete the visiting team information sheet (page 2) and fax it back to me as soon as possible to enable us to distribute it to the necessary parties and help prepare for your requests.

If you have any questions, feel free to contact me at (925) 631-4951 or my assistant, Todd Ogorzelec at (925) 631-4656 as it gets closer to the game. We look forward to your visit.

Best of luck this season to you and your team!

Sincerely,

Mark Papadopoulos  
Associate Athletic Director  
Saint Mary's College of California Athletics



**VISITING MEN'S SOCCER TEAM TRAVEL INFORMATION**

1. Visiting team: \_\_\_\_\_
  
2. Transportation:
  - a. Carrier: \_\_\_\_\_
  
  - b. Arrival: \_\_\_\_\_
  
  - c. Ground Transportation:
    - i. Bus or Van: \_\_\_\_\_
      1. If by van, how many? \_\_\_\_\_
  
3. Lodging:
  - a. Team Hotel: \_\_\_\_\_
    - i. Address: \_\_\_\_\_
  
4. Practice Arrangements:
  - a. Practice Time desired: \_\_\_\_\_
  
  - b. Visiting Team Special Requests: \_\_\_\_\_
  
5. Game Day Arrangements:
  - a. Any requests:
    - i. Locker room: \_\_\_\_\_
  
  - b. Visiting Team Uniform Colors: \_\_\_\_\_
  
6. Travel Party Contact:
  - a. Name: \_\_\_\_\_
  
  - b. Phone: \_\_\_\_\_
  
  - c. Cell Phone: \_\_\_\_\_
  
  - d. Person of Contact on the day of game: \_\_\_\_\_
    - i. Cell Phone: \_\_\_\_\_

Please return this form at least 2 weeks in advance of your game to:  
Todd Ogorzelec, Director of Equipment & Event Management  
Office: (925) 631-4656      Cell: (925) 878-1902      Fax: (925) 631-4405



**Saint Mary's College of California Athletic Department**

1928 St. Mary's Road Moraga, CA 94575  
Phone: (925) 631-4383 Fax: (925) 631-4405

**Administration**

**Mark Orr** - *Director of Athletics* [morr@stmarys-ca.edu](mailto:morr@stmarys-ca.edu) 631-4399 (o)

**Facilities/Equipment**

**Mark Papadopoulos** – *Associate AD Events/Facilities* [map10@stmarys-ca.edu](mailto:map10@stmarys-ca.edu) 631-4951 (o) 878-1538 (c)

**Todd Ogorzelec** – *Director of Event Management* [togorzel@stmarys-ca.edu](mailto:togorzel@stmarys-ca.edu) 631-4656 (o) 878-1902 (c)

**Sports Information**

**Rich Davi** - *Assistant Athletic Director/Media Relations* [rdavi@stmarys-ca.edu](mailto:rdavi@stmarys-ca.edu) 631-4402 (o) 878-1582 (c)  
(WS, MBB, MGOLF, BSB)

**Staci Hamaguchi** - *Associate Director of Media Relations* [shamaguc@stmarys-ca.edu](mailto:shamaguc@stmarys-ca.edu) 631-8562 (o) 878-9419 (c)  
(MS, WBB, WT, MT, SB)

**Matt Fontenot**- *Assistant Director of Media Relations* [rmf3@stmarys-ca.edu](mailto:rmf3@stmarys-ca.edu) 631-4950 (o) 878-9238 (c)  
(MXC, WXC, LAX, VB, WRowing)

**Medical Staff**

**Tim Podesta** – *Director of Athletic Training Services* [tpodesta@stmarys-ca.edu](mailto:tpodesta@stmarys-ca.edu) 631-4398 (o) 878-9418 (c)  
(WS, WBB, MTen, WTen, Golf)

**Laura Dixon** – *Associate Dir of Athletic Training Services* [lbrooks@stmarys-ca.edu](mailto:lbrooks@stmarys-ca.edu) 631-4398 (o) 202-9354 (c)  
(MS, BSB, Rowing)

**Amy Carroll** - *Assistant Athletic Trainer* [alc6@stmarys-ca.edu](mailto:alc6@stmarys-ca.edu) 631-4398 (o) 939-7072 (c)  
(SB, MBB, MXC, WXC)

**Rachael Salazar** - *Assistant Athletic Trainer* [res3@stmarys-ca.edu](mailto:res3@stmarys-ca.edu) 631-4398 (o) 878-1773 (c)  
(VB, LAX, novice rowing)

**Tickets**

**Neal McSherry** - *Director of Ticket Operations* [nbm5@stmarys-ca.edu](mailto:nbm5@stmarys-ca.edu) 631-4392 (o) 518-7191 (c)

**2009 Men's Soccer Coaching Staff Directory**

**Adam Cooper** - *Head Men's Soccer Coach* [acooper@stmarys-ca.edu](mailto:acooper@stmarys-ca.edu) 631-4657 (o) 457-6384 (c)

**Jon Bernal** - *Assistant Coach* [jdb6@stmarys-ca.edu](mailto:jdb6@stmarys-ca.edu) 631-4890 (o) 878-9265 (c)

**Cody Worden**- *Assistant Coach* [cmw7@stmarys-ca.edu](mailto:cmw7@stmarys-ca.edu) 631-4809 (o) 878-9219 (c)



## 2009 Men's Soccer Schedule

<b>Day</b>	<b>Date</b>	<b>Opponent</b>	<b>Time</b>
Tuesday	August 25	#at Stanford	7:00 PM
<b>Tuesday</b>	<b>September 1</b>	<b>Sacramento State</b>	<b>4:00 PM</b>
<b>Friday</b>	<b>September 4</b>	<b>&amp; Alabama A&amp;M</b>	<b>4:00 PM</b>
<b>Sunday</b>	<b>September 6</b>	<b>&amp;UC Riverside</b>	<b>3:00 PM</b>
Sunday	September 13	at CSU Bakersfield	3:00 PM
Friday	September 18	at UC Irvine	7:00 PM
Sunday	September 20	at CSU Fullerton	3:00 PM
<b>Friday</b>	<b>September 25</b>	<b>UC Davis</b>	<b>4:00 PM</b>
<b>Friday</b>	<b>October 2</b>	<b>*Gonzaga</b>	<b>4:00 PM</b>
<b>Sunday</b>	<b>October 4</b>	<b>*Portland</b>	<b>2:00 PM</b>
<b>Sunday</b>	<b>October 11</b>	<b>*San Francisco</b>	<b>2:00 PM</b>
Friday	October 16	*at San Diego	7:00 PM
Sunday	October 18	*at Loyola Marymount	3:00 PM
Friday	October 23	*at Santa Clara	7:30 PM
<b>Sunday</b>	<b>October 25</b>	<b>*Santa Clara</b>	<b>2:00 PM</b>
Friday	October 30	*at Portland	7:00 PM
Sunday	November 1	*at Gonzaga	1:00 PM
Sunday	November 8	*at San Francisco	7:00 PM
<b>Friday</b>	<b>November 13</b>	<b>*San Diego</b>	<b>2:00 PM</b>
<b>Sunday</b>	<b>November 15</b>	<b>*Loyola Marymount</b>	<b>1:00 PM</b>

All Times Listed are California Time

# - Exhibition Game

& - Saint Mary's Tournament (Moraga, CA)

\* - West Coast Conference Game



### **Visiting Men's Soccer Team Information**

- **Practice Times**
  - Please coordinate with Mark Papadopoulos for available times. Additional requests for practices may be granted on a space available basis.
- **Locker Room**
  - Once your team arrives, a representative from the athletic department will be present to greet you and take you to your locker room. This will be inside McKeon Pavilion, located in close proximity to the game venue.
- **Parking**
  - Your team will be allowed to park next to the venue. Please notify via the page 2 form if the team is coming by car, van or bus.
  - The public will be allowed to park in the front parking lots of the College.
- **Bench Area:**
  - Saint Mary's College bench is on the right if you are facing the scorer's table.
  - The visitor bench is on the left if you are facing the scorer's table.
  - At each bench area there will be water, ice, towels and biohazard kit.
- **Warm up Area:**
  - The visiting team will warm up on the same half of the field as its bench area.
- **Athletic Training**
  - For events in Gael Stadium there will be: a treatment table, water, towels and ice.
  - For other requests, please contact the SMC training staff at (925) 631-4398.
- **Credentials:**
  - Any media credential requests should be made to the SMC Sports Information Department at least 48 hours in advance of the game.
- **Complimentary Admissions:**
  - Prior to the season, a request in writing should be made to:  
  
Neal McSherry, Director of Ticket Operations  
Saint Mary's College Athletics  
1928 Saint Mary's Road  
Moraga, CA 94556 (925) 631-4392
  - Please refer to the event contract to determine the number of complimentary admissions provided to the visiting team.
  - Complimentary admission forms must be submitted to the host institutions ticket staff no later than the game-day practice of the visiting team.
  - The player's complimentary admission gate is located at the main entrance to Saint Mary's Stadium.
  - Complimentary admissions will be provided only to the individuals on the official admission list.
- **Post-Game Meal**
  - We highly recommend the restaurants listed on page 7.



**Directions to Local Medical Facilities**

**John Muir Medical Center**

1601 Ygnacio Valley Road Walnut Creek, CA 94598 925.939.3000

*From Saint Mary's Campus*

Make a RIGHT out of campus onto Saint Mary's Road for 2.1 miles.  
Turn RIGHT on Glenside Drive. Continue on Reliez Station Road.  
Turn RIGHT on Olympic Blvd.  
Turn LEFT on Pleasant Hill Road.  
Take Ramp onto CA-24 EAST toward Walnut Creek.  
Take the I-680 NORTH exit toward Ygnacio Valley Road.  
Turn RIGHT on Ygnacio Valley Road.  
Turn RIGHT on a local road and follow signs toward Emergency Room.

**Kaiser Permanente Walnut Creek Medical Center**

Emergency Services 1625 South Main Street Walnut Creek, CA 94596

*From Saint Mary's Campus*

Make a RIGHT out of campus onto Saint Mary's Road for 2.1 miles.  
Turn RIGHT on Glenside Drive. Continue on Reliez Station Road.  
Turn RIGHT on Olympic Blvd (2.5 miles).  
Turn RIGHT on South Main Street.  
Follow signs to Emergency Room.

**CVS Pharmacy**

1480-D Moraga Rd. Moraga, CA 94556 Pharmacy Phone: 925.376.5166  
Pharmacy Hours: Mon-Fri: 9:00am - 8:00pm Saturday: 9:00am - 6:00pm Sunday: Closed

*From Saint Mary's Campus*

Make LEFT out of campus onto Saint Mary's Road (1 mile).

Turn LEFT onto Moraga Road (.3 miles).  
Longs will be on your RIGHT hand side.

**CVS Pharmacy (24 Hour Pharmacy)**

1123 South California Blvd.  
Walnut Creek, CA 94595 Pharmacy Phone: 925.933.9474

*From Saint Mary's Campus*

Make RIGHT out of campus onto Saint Mary's Road (1 mile).  
Bear RIGHT on Glenside Drive, continue on Reliez Station Road  
Turn RIGHT on Olympic Blvd.  
Turn LEFT on Pleasant Hill Rd.  
Turn RIGHT to take ramp onto CA-24 E toward Walnut Creek  
Take the San Jose exit toward #14/ Mt. Diablo Blvd., continue on Mt. Diablo Blvd.  
Turn Right o South California Blvd.



**Saint Mary's College Preferred Restaurants**

**Chipotle**

1958 Locust Street  
Walnut Creek, CA  
925-395-9307

**15 minutes from campus**

**Terzetto Caffè**

1419 Moraga Way  
Moraga, CA  
925-376-3832

**Casual Italian/American Cuisine  
5 minutes from campus**

**Stadium Pub**

1420 Lincoln Ave.  
Walnut Creek, CA  
925-256-7302

**American Cuisine  
15 minutes from campus**

**The Counter**

1699 N California Blvd  
Walnut Creek, CA  
925-935-3795

**Custom Burgers  
15 minutes from campus**

**Papa Murphy's Pizza**

1557 Palos Verdes Mall  
Walnut Creek, CA  
925-939-7272

**Take n' Bake  
15 minutes from campus**

**Scott's Seafood**

1333 N California Blvd  
Walnut Creek, CA  
925-934-1300

**15 minutes from campus**

**Pennini's Pizza**

1375 Moraga Road  
Moraga, CA  
925-376-1515

**Italian/American Cuisine  
5 minutes from campus**



### **Airport Information**

#### **Oakland International Airport (OAK)**

510-563-3300  
1 Airport Drive  
Oakland, CA 94621 (23.9 miles to SMC)

**Directions:** Take I-880 N to I-980 N which turns into HWY 24E. Proceed toward Walnut Creek. Once through the Caldecott tunnel, use the Orinda/Moraga exit. Turn right onto Moraga Way for five miles into the town of Moraga. Turn left at Moraga Rd. then proceed to St. Mary's Road, and take a right. The campus is one mile down the road on the right.

#### **San Francisco Intl Airport (SFO)**

650-821-8211  
(34.0 miles to SMC)

**Directions:** Take 101 N to I-80 E toward BAY BRIDGE. Once over the bridge, take I-580 E to CA-24 toward Walnut Creek. Use the Orinda/Moraga exit and turn right onto Moraga Way for five miles into the town of Moraga. Turn left at Moraga Rd., then proceed to St. Mary's Road, and take a right. The campus is one mile down the road on the right.

### **Ground Transportation**

#### **Auto Service Car Rentals**

##### **Budget**

[www.budget.com](http://www.budget.com)  
800-527-0700

##### **Enterprise**

[www.enterprise.com](http://www.enterprise.com)  
800-261-7331

### **Hotel Information**

#### **Lafayette Park Hotel**

3287 Mt. Diablo Blvd  
Lafayette, CA  
925-283-3700  
Contact: Patricia Kunz  
Drive time to/from SMC: 8-10 min.  
Visiting team rate: \$109 a night.  
Based on availability

#### **Concord Hilton**

1970 Diamond Blvd  
Concord, CA  
925-827-2000  
Drive time to/from SMC: ~20 min.  
Visiting team rate: \$99 a night, includes breakfast. Based on availability



**Moraga Street Map**





Moraga Freeway Map

